MENOPAUSE - THE FOUNDATIONS
15th June 2020

0850 Registration and coffee

920 Welcome – setting the scene  Kathy Abernethy
Physiology and effects of menopause  Kathy Abernethy

1045 Coffee

1115 Premature Menopause  Elaine Stephens

1200 Bone Health  Kathy Abernethy

1300 Lunch

2pm Group Work 1: Patient assessment at menopause  ES, KA

315pm Sexual health and contraception at the peri menopause  ES

430pm Questions

440pm Close

** NICE GUIDELINES WILL BE INCLUDED THROUGHOUT THE PROGRAMME**
Menopause - The Foundations
16th June 2020

850 am  Registration and coffee

915  HRT – Benefits, risks and controversies  Elaine Stephens

1020  Coffee

1050  Contraindications to HRT – absolute and relative  KA

1120  Group Work 3: HRT types, routes and side effects  ES. KA
HRT- pick a product.

1pm  Lunch

2pm  Non Hormonal Therapy Options  Kathy Abernethy

245pm  Group work 4: Which HRT for which woman?  ES KA

4pm  Any Questions?

415pm  The Way Forward  Kathy Abernethy

430pm  Close

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